

## 2017 Permanent Trails 1-Jan to 31-Dec

WHAT IS A PERMANENT TRAIL (PT)?	Volkssport Clubs of South Vancouver Island		Club Contact
PT is a self-guided walk enjoyable every day of the year. Walkers self register and take a route map. The clubs sometimes organize group walks of Y PTs	Vic Y - Victoria "Y" Volkssport Club		250-385-8519
	GCW - Garden City Wanderers		250-598-4316
M-SEAS is a PT offered from 4 to 6 months	JFP - Juan de Fuca Pathfinders		Western Communities - 250-478-7020
	JFP - Juan de Fuca Pathfinders		Saanich Peninsula area - 250-658-2325

### Volkssporting on the Web

Check out the following web sites for more on Volkssporting and events across BC and Canada, and links to Volkssporting around the globe.

Garden City Wanderers: [www.gardencitywanderers.ca](http://www.gardencitywanderers.ca)  
 Juan De Fuca Pathfinders: [www.jdfpathfinders.com](http://www.jdfpathfinders.com)  
 Victoria 'Y' Volkssport Club: [www.letswalkinvictoria.ca](http://www.letswalkinvictoria.ca)  
 Volkssporting Association of BC: [www.volkssportingbc.ca](http://www.volkssportingbc.ca)  
 Canadian Volkssport Federation: [www.walks.ca](http://www.walks.ca)

Please note that PT group walks, at various locations, are scheduled during the week as follows:

- Monday at 9:00 AM (contact Rick 250-478-7020),
- Tuesday at 6:00 PM (contact Gail 250-477-4472),
- Wednesday at 9:00 AM (contact Jan 250-665-6062)
- Thursday at 6:00 PM (contact Brenda 250-360-0861)

CLUB	HOURS OF OPERATION	CITY	START POINT	#	KM	RATING	CONTACT
GCW	All day	Victoria	Heritage Walk/Beacon Hill <b>Harbour Towers Hotel</b> , 345 Quebec St. V8V 1W4 Phone: (250) 385-2405	PT019	5/10	1A/1B	Randy Law 250-590-7175
GCW	All day	Victoria	Gorge/Songhees <b>Harbour Towers Hotel</b> , 345 Quebec St. V8V 1W4 Phone: (250) 385-2405	PT025	5/10/15	1A/1B/2B	Randy Law 250-590-7175
GCW	Check with Centre Phone: 250-370-7200	Oak Bay	<b>Henderson Recreation Centre</b> , 2291 Cedar Hill X Rd. V8P 5H9	PT029	5/10	1A/1B/2A/2B	Susan Holloway 250-727-6826
GCW	Check with Centre Phone: 250-475-5400	Saanich	<b>G.R. Pearkes Rec Centre</b> , 3100 Tillicum Rd. V9A 6T2	PT140	5/6/10	1B/2B	Gord Keeble 250-479-6512
GCW	Check with Store Phone: (250) 881-1051	Saanich	<b>Running Room/Walking Room</b> , 777 Royal Oak Drive V8X 4V1 (Broadmead Shopping Ctr)	PT260	5/10	2B	Marion Davidson 250-477-9851
GCW	Check with Store Phone: (250) 881-1051	Saanich	<b>Running Room/Walking Room</b> , 777 Royal Oak Drive V8X 4V1 (Broadmead Shopping Ctr)	RLDW 004	80	2A/2B/3C	Marion Davidson 250-477-9851
Vic Y	Check with "Y" 250-386-7511	Victoria	<b>Victoria YM-YWCA</b> , 851 Broughton St., V8W 1E5	PT007	5/10/11/15/ 16	1A	Judy Haynes 250-385-8519
Vic Y	Check with Centre 250-595-7946	Oak Bay	<b>Oak Bay Rec Centre</b> , 1975 Bee St., V8R 5E6	PT015	5/10/11/15	1B/2B	Judy Haynes 250-385-8519
Vic Y	Check with Centre 250-595-7946	Oak Bay	<b>Lighthouse Walk</b> <b>Bay Rec Centre</b> , St. V8R 5E6	Oak 1975 Bee PT256	5/10/15	2A	Judy Haynes 250-385-8519
Vic Y	Check with Centre 250-412-8500	Esquimalt	<b>Esquimalt Recreation Centre</b> , 527 Fraser St., V9A 6H6	PT253	5/6/10/ 15/20/25/ 30/35	2B	Hazel Dunham 250-385-5439
Vic Y	Check with Centre 250-475-7121	Saanich	<b>Cedar Hill Rec Centre</b> , 3220 Cedar Hill Rd., V8P 3Y3	PT306	5/6/10/11	2B	Judy Haynes 250-385-8519

NOTE: Information is subject to change.  
Please call walk contact to confirm.

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CLUB	HOURS OF OPERATION	CITY	START POINT	#	KM	RATING	CONTACT
JFP	M-F 9:30am-9:00pm Sat 9:30am-6:00pm Sun 8:30am-5:00pm	Langford	<b>Running Room/Walking Room</b> 113-2401G Millstream Rd. V9B 3R5	PT083	5/10	2B	Rick Desjardins 250-478-7020
JFP	Check with Store 250-391-7373	Langford	<b>Frontrunners Westshore</b> 123-755 Goldstream Ave V9B 2X4	PT088	5/10/12	2B	Rick Desjardins 250-478-7020
JFP	Check with Centre 250-478-8384	Colwood	<b>Westshore Parks &amp; Rec Juan de Fuca Rec Centre</b> 1767 Island Hwy V9B 1J1	YRE163	5/10/15	2B	Rick Desjardins 250-478-7020
<b>NOTE: If a longer walk is desired, PTs 083, 088 and 163 routes can be linked together.</b>							
JFP	Opens 7:00 AM	Sooke	<b>Western Foods,</b> 1400-6600 Sooke Rd. V0S 1N0	PT160	5/10/12/15/ 30	2B	Wendy Renwick 250-812-5136
JFP	Mon-Fri: 10:00am Sat-Sun: 8:00 am	Metchosin	<b>My-Chosen Café,</b> 4492 Happy Valley Rd. V9C 3Z3	PT180	5/10/11	2B	Rick Desjardins 250-478-7020
JFP	All Day	Sidney	<b>Travelodge,</b> 2280 Beacon Ave., V8L 1X1	PT026	5/10	1A	Ed Kucey 250-658-2325
JFP	All Day	Saanich	<b>Fas Gas</b> 5486 Patricia Bay Hwy., V8Y 1T1	PT108	6/11	1B	Pat Grove 250-658-2325
JFP	Check with Store 250-652-1002	Brentwood Bay	<b>Greenhawk Harness &amp; Equestrian Supplies</b> 7154 West Saanich Rd, Brentwood Bay V8M 1P6	PT109	5/10	3B/2B	Ed Kucey 250-658-2325
JFP	All Day	Sidney	<b>Travelodge,</b> Beacon Ave., V8L 1X1	2280 PT 102R	<b>(Bicycle)</b> 25	2A	Pat Grove 250-658-2325

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